

My Journey at Headlines

By Patrick Braithwaite

Hi. My name is Patrick Braithwaite after losing my site to the Colma I just used to stay in my house saying 'why me why me'. After about 3.5 years of this I thought this cannot go on so I started getting mobility training. My mobility officer told me about a service called Community Connections. I decided to give it a try.

Community Connections then introduced me to a group called Headlines which consists of a group of people in the same boat as me; not leaving the house for one reason or another. The Headlines group meets every Thursday where we have discussions on topics in the news. We have played quizzes, board games and you can even have a game of darts if you fancy. Headlines has given me that drive to get involved with other community projects. It was through Headlines that I got involved with Time Bank. During my time at headlines I met a good friend called Peter Webb who intern introduced me to another group he attended called Voluntary Services Lewisham. He said I should come and give it a go which I did and now I do telephone befriending for them. It just goes to show what you can get out of Headlines. Most importantly I have met some amazing friends.

Headlines meet every Thursday from 9.30-12pm at Ewart Community Hall, 44 Wastdale Rd, SE23 1HN. Contributions £2 or £2.50 with a cooked breakfast!

